

El Salvador Medical Supplies List

****Medications cannot be expired and cannot be travel size** Thank you!
Reusable Shopping Bags (like the Wegmans ones)**

Toothbrushes

Toothpaste

Bar Soap

Shampoo (Tubes travel Best)

Vitamins for adults

Chewable vitamins for kids (NOT gummies)

Tylenol for adults

Tylenol for kids (Chewable, liquid, or infant drops)

Ibuprophen for adults

Ibuprophen for kids (chewable or liquid)

Benadryl chews or tablets

Aspirin Tablets

Hydrocortisone Cream

Joint Pain Rub ointment

Antifungal cream in tubes

Neosporin or other antibiotic ointment

Diaper Creams

Skin moisturizing creams in tubes

Visine or liquid eye drops

Basic First Aid Supplies (gauze, tape, tweezers, scissors, Band-Aids)

Reading Glasses

Chap stick

Antacids

Gatorade Powder

Throat Lozenges